



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

GYMNASIUM SCHEDULE

WAYNE COUNTY YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-9:00 Open Gym	5:30-8:00 Open Gym	5:30-9:00 Open Gym	5:30-8:00 Open Gym	5:30-9:00 Open Gym	8:00-10:00 Group Fitness	8:00-10:30 Family Time
9:00-12:00 Group Fitness	8:00-11:00 Group Fitness	9:00-12:00 Group Fitness	8:00-11:00 Group Fitness	9:00-12:00 Group Fitness		10:00-5:00 Open Gym
12:00-4:30 Open Gym	11:00-5:30 Open Gym	12:00-4:30 Open Gym	11:00-5:30 Open Gym	12:00-9:00 Open Gym	1:30-2:30 Family Time	
	4:30-5:00 Half Court Open Gym					
5:00-7:00 Group Fitness	5:30-6:30 Group Fitness	5:00-7:00 Group Fitness	5:30-6:30 Group Fitness			
7:00-8:00 Karate		6:30-9:00 Open Gym		7:00-9:00 Open Gym		6:30-9:00 Open Gym
8:00-9:00 Open Gym						

The YMCA is committed to providing a safe and welcoming environment for all. To promote safety and comfort, the YMCA asks all persons to act appropriately at all times when in our facilities, on our property, or participating in our programs.

YMCA Gymnasium Rules

The actions listed below, which are not intended to be an all-inclusive list of behaviors, are considered inappropriate and are prohibited in our facilities or programs.

- › Using or possessing alcohol or illegal drugs on YMCA property.
- › Smoking on YMCA property. All YMCA building and grounds are smoke and tobacco product-free environments. This includes vaping and e-cigarettes.
- › Carrying or concealing a weapon or any device or object that may be used as a weapon.
- › Harassment or intimidation by words, gestures, body language, or any type of menacing behavior.
- › Physical contact with another person in an angry, aggressive, or threatening way.
- › Verbally abusive behavior, including profanity, angry language, swearing, name calling, or shouting.
- › Sexually explicit conversation or behavior; any sexual contact with another person.
- › Theft or behavior that results in the destruction or loss of property.
- › Misuse of program or fitness equipment.

We expect persons using the YMCA to act maturely, to behave responsibly, and to respect the rights and dignity of others.

- › Please wait outside the gymnasium when youth programs or fitness classes are in progress.
- › Please do not play or sit on any items stored in the gymnasium.
- › No hanging on the rim or structure supports.
- › Water only, no food or other beverages allowed in the gymnasium.
- › Basketballs are not to be dribbled anywhere in the building except for the gymnasium.
- › Put all trash & recyclables in proper containers.
- › Children 12 years old and under must be accompanied by an adult at all times.
- › All injuries requiring first aid need to be reported to the front desk staff.
- › The YMCA is not responsible for lost or stolen items. Please secure your personal items at all times.
- › Display good sportsmanship. Encourage each other. Play fair. Have fun!

WAYNE COUNTY YMCA

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